



Phone:(308)995-4778 or Toll-free: (888)669-7154

701 4th Ave, Suite 1, Holdrege, NE 68949

Website: [www.tworiverspublichealth.com](http://www.tworiverspublichealth.com)



# Two Rivers Public Health Department

Serving Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney and Phelps Counties

Annual Report Highlights 2011

Two Rivers Public Health Department Team



### Vision

The vision of Two Rivers Public Health Department is a healthy community for all.

### District Priority Areas

Healthy Lifestyles, Substance Abuse, and Behavioral Health

### Resources provided in:

Emergency Response/Surveillance  
Wellness

Resource Access/Website

Minority, Maternal and Child Health

[TwoRiversPublicHealth.com](http://TwoRiversPublicHealth.com)

and follow us on  
**FACEBOOK!**

## 2011 Coloring Contest Winner

Made By: Dashton Edgren



## Public Health Nursing

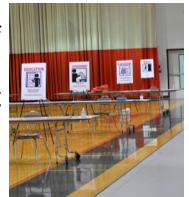
The Public Health Nursing Program is contracted under the Nebraska Department of Health and Human Services, Division of Medicaid and Long-Term Care. The general purpose is to link Medicaid eligible families to health care, promote responsible utilization of health care, regular preventative care within a medical home, and to increase provider participation in the Medicaid program. In the 2010-2011 program year, packets were mailed to 2,422 newly eligible Medicaid recipients. The program followed up on 555 problem dental, medical, or vision appointments and on 61 emergency room visits. Nurses followed up on 69 case management referrals. More and more calls are direct ones from individual providers. Use of the language line has become more common as our community grows in diversity.

## Mobilizing for Action through Planning and Partnership (MAPP)

In 2007, the Public Health System in our district prioritized: 1) Healthy Lifestyles-obesity, 2) Substance Abuse and 3) Access to Behavioral Health Care as health issues of importance to address. Work has been ongoing through CNCASA, Region 3 Behavioral Health Taskforce, Winners of Wellness, Working for Wellness, Healthy Kids Days and other initiatives. The system will be repeating this assessment in 2012 to determine progress and identify current priorities and formulate strategies to address them in our seven counties. There will be 4 large group meetings, focus groups, surveys and other opportunities to participate. **For more information please visit: [www.tworiverspublichealth.com](http://www.tworiverspublichealth.com).**

## Strategic National Stockpile Exercise/Fit Testing

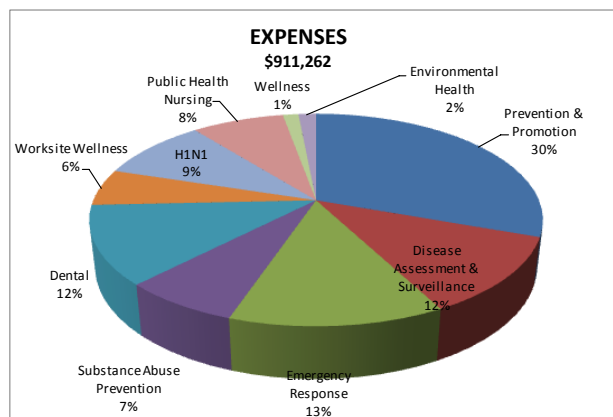
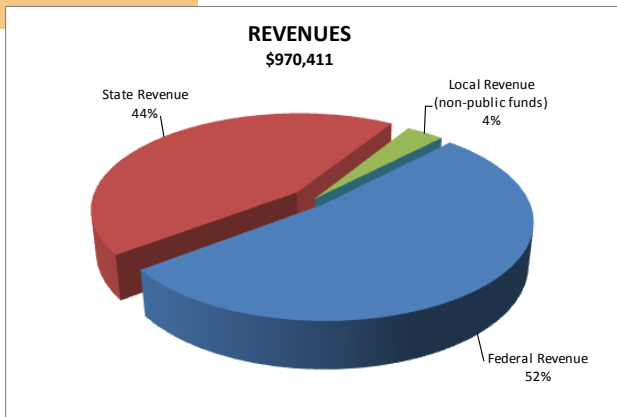
Emergency Response: In June, Two Rivers participated in a week long, full scale exercise to test community plans to provide medications to the residents of the district. Participants included the eight district hospitals, public school systems, local law enforcement, emergency management, and many volunteers. The TRPHD Emergency Response Program expanded it's capability to fit first responders and hospital staff with masks for protection against Airborne Infectious Diseases and Bioterrorism Agents with the addition of a second fit testing machine this year. The equipment is loaned to hospitals or first responders are tested upon request by Two Rivers Emergency Response personnel.



## Work Site Wellness

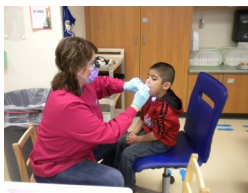
Too tired at the end of the day to exercise? Want to improve your health knowledge but don't have the time? Why not try Worksite Wellness? Ask your employer to become a Worksite Wellness member and receive benefits like lunch and learns, newsletters on a variety of great topics, wellness challenge opportunities, a better workplace environment, and much, much, more! You will also have access to a state of the art Health Risk Assessment which will help you define your health as well as your risks. You may be at an increased risk for certain diseases or conditions because of what you do, where you work, and how you play! Call today for more information!

## Financials



### Young Children Priority One

This preventive dental program is funded by NDHHS and serves very young children and their families at high risk of dental disease in the Two Rivers District. We work with our partners in WIC, Head Start, preschools and elementary schools in Lexington, Kearney, Gibbon, and Holdrege and utilize Dental Hygienists with Public Health Certification to provide education and preventive services to the participants. This year 1,549 preventive treatments were provided to children and 598 to adults. Twice a day tooth brushing and/or supplies were also provided to 1,237 children in 4 schools.



## PROTECT THOSE YOU LOVE

- ✓ **Get me vaccinated!**
- ✓ **Wash your hands!**
- ✓ **Cover your cough!**
- ✓ **Sick? Stay home!**



Two Rivers Public Health Department  
[TwoRiversPublicHealth.com](http://TwoRiversPublicHealth.com)  
 888-669-7154

**Radon** is the second leading cause of lung cancer in America. Radon claims about 20,000 lives annually. Out of the 61 tests completed in the Two Rivers District, 39 tested above the recommended action level. Protect your family! Radon Test Kit can be purchased at Two Rivers Public Health Department.

### Disease Surveillance

Two Rivers utilizes 1060 funding for our disease surveillance activities. TRPHD works with DHHS to conduct epidemiological investigations and follow up on health issues including: food and water borne illness, vector-borne disease, hepatitis, and emerging infectious diseases. TRPHD has conducted 175 disease investigations using the NEDSS (Nebraska Electronic Disease Surveillance System). Campylobacter infections led the case count with a total of 30 cases, followed by Cryptosporidiosis cases at 29. Salmonella cases ranked 3<sup>rd</sup> with 15 cases being reported via the NEDSS. Our local medical providers, hospitals and schools also initiate contact with us when they have cases or questions that TRPHD can assist with. TRPHD encourages area lab personnel to utilize NEDSS. TRPHD also participates in scheduled surveillance conference calls and educational opportunities with DHHS and the CDC \*

# Think Before You Drink

Drinking alcoholic beverages before age 21 is illegal & harmful to your health.

*Stay Above the Influence!*



Brought to you by:  
 Central Nebraska Coalition  
 Against Substance Abuse &  
 Two Rivers Public Health Department



## CNCASA

Two Rivers became the fiscal agent for the Strategic Prevention Framework State Incentive Grant in October 2010. This SPF-SIG grant funded the Central Nebraska Coalition Against Substance Abuse Coalition. CNCASA is a group of community members from six counties (Dawson, Gosper, Franklin, Kearney, Harlan, and Phelps Counties) who share a common goal of helping to reduce/prevent underage drinking. CNCASA partnered with Phelps County Safe Communities Coalition to bring in Chuck Matson from the Omaha Police Department for a spring assembly attended by seven high school student bodies. A new media campaign was started with a two part focus: adults and youth. The adult campaign "Take A Stand Between Your Kids and Alcohol" focuses on not providing alcohol to minors and the youth campaign "Think Before you Drink, Stay Above the Influence" focuses on keeping youth alcohol free. These campaigns were spread throughout the District as vinyl banners in 17 towns during the summer and were made into billboards for the fall. CNCASA funded alcohol compliance checks in partnership with the Nebraska State Patrol Troops C and D. Compliance checks were completed in three counties (Dawson, Kearney, and Franklin Counties) with 34 of the 39 businesses checked passing. CNCASA also offers a class called "Responsible Beverage Server" Training (also known as TIPS training). This class is offered to help businesses know and understand federal and state laws when serving alcohol.